

INTRODUCTORY PSYCHOLOGY
Course Title

PSY102-3
Course Number

COURSE DESCRIPTION:

A study of the science of psychology; its methods, concepts and theories including the topic areas of: (1) brain, consciousness and perceptual processes; (2) language, intelligence, learning and memory; (3) motivation and emotion; (4) sex roles and interpersonal relationships and; (5) personality and therapy. psychological concepts and theories will be studied, with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes or consequences of human behaviour.

COURSE GOALS:

To develop an understanding of:

- 1) the science of psychology; its methods, concepts and theories
- 2) human brain, consciousness and perceptual processes
- 3) the basic principles of human learning, memory, language and intelligence
- 4) the basic principles of human emotion and motivational processes
- 5) the basic concepts and theories of human sex roles and interpersonal relationships
- 6) the basic concepts and theories of human personality and psychological therapies
- 7) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour

COURSE OBJECTIVES:

To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1) the methods, concepts and theories of the science of psychology
- 2) human brain, consciousness and perceptual processes
- 3) the basic principles of human learning, memory, language and intelligence
- 4) the basic principles of human emotion and motivational processes
- 5) the basic concepts and theories of human sex roles and interpersonal relationships

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COURSE OBJECTIVES: (cont'd)

- 6) the basic concepts and theories of human personality and psychological therapies
- 7) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour

NOTE: Students should also refer to the course text's accompanying "study guide" for more specific learning objectives related to each chapter of the text.

METHODOLOGY:

Student learning will be facilitated by: lectures, seminar discussions, student oral presentations, audio-visual presentations and role plays.

TEXTS:

1. The psychology of Being Human, Brief Update, Third Edition
A. Rubin and E.B. McNeil, Harper and Row publishing Co., 1983
2. Study Guide for Rubin & McNeil's "The psychology of Being Human, Brief update, Third Edition", T. Maul and R. McGlynn, Harper and Row publishing Company, 1983

NOTE: Additional readings and/or student viewings of audio-visual materials may be assigned during the course, at the discretion of the instructor. The exact dates of tests referred to in the "Syllabus" section will be announced in class.

SYLLABUS:

Topics: SECTION #1

1. **What, is Psychology?** - research, theory, methods, experimentation and application.
Assigned Reading - page 4 to 32
2. **The Brain and the Nervous System** - structure, function and the effects of experience on the brain.
Assigned Reading - pages 38 to 64
3. **Consciousness** - the nature of consciousness, sleep dreaming, hypnosis, and psychoimmunology
Assigned Reading - pages 70 to 85 and 92 to 105

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Topics: SECTION #1 (continued)

4. Perception - perception as an active process
Assigned Reading - pages 123 to 137

NOTE: **MID-OCTOBER TEST** covering all of Section #1 assigned readings.

Topics; SECTION #2

1. **Learning and Memory** - classical and operant conditioning, cognitive learning, memory and forgetting; behaviour control
Assigned Reading - pages 138 to 171
2. **Language, Thought and intelligence** - theories of language development, concept learning and problem solving, intelligence, creativity and mental images
Assigned Reading - pages 172 to 207
3. **Motivation, Emotion and Stress** - motives, theories of emotional development and stress
Assigned Reading - pages 210 to 241
4. **personality** - Freud's psychoanalytic Theory, Jung, Adler and the Neo-Freudians, type, trait, social learning and humanistic theories
Assigned Reading - pages 248 to 277

NOTE: **MID-NOVEMBER TEST** covering all of SECTION #2 assigned readings.

Topics: SECTION #3

1. **psychological Disorder** - defining abnormality, anxiety, depression and schizophrenia
Assigned Reading - pages 360 to 387
2. **Therapy** - insight, behaviour and somatic therapies
 - does therapy work?
 - therapy and responsibility
 - the therapy market placeAssigned Reading - pages 392 to 421
3. **Relating to One Another: Female and Male**
 - psychological differences between men and women
 - biology and culture: explaining the differences
 - human sexuality and changing sex rolesAssigned Reading - pages 428 to 459

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Topics; SECTION #3 (continued)

4. **Social Relationships**

- needing and perceiving others
- liking, loving and leaving others
- prejudice and racism

Assigned Reading - pages 460 to 489

NOTE: **NID-DECENBER TEST** covering all of SECTION #3 assigned readings .